



## COS MEN'S CLUB NEWSLETTER

November 2020

### COS Men's Club Leadership 2020-2021

Co-Presidents	Steven Herman & Elliott Davis
Treasurer	Andy Rosen
Secretary	Jerry Leibman
VP Programming	Jerry Leibman
VP Membership	TBA
VP Publicity	Michael Broniewski
VP Social Action	Bruce Hoffen
Immediate Past President	Neal Blaher
At-Large Board Member	Stuart Leventhal
At-Large Board Member	Bart Neuman
At-Large Board Member	Richard Schwartz
At-Large Board Member	Michael Soll
At-Large Board Member	Mark Stone
At-Large Board Member	Jim Tinkoff
At-Large Board Member	Mike Wheeler

UPCOMING  
MEN'S CLUB  
EVENTS

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SUNDAY,  
NOVEMBER 1 AT  
8:30 AM COS  
PEDALERS BIKE  
RIDE

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THURSDAY  
NOVEMBER 5 AT  
7:00 PM MEN'S  
NIGHT IN

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SUNDAY,  
DECEMBER 6 AT  
8:30 AM COS  
PEDALERS BIKE  
RIDE

FOLLOW US ON  
FACEBOOK

@CONGREGATION  
OHEV SHALOM  
MEN'S CLUB



## COS Men's Club Blood Drive

For a little over 20 years, the COS Men's Club, under the leadership of Mark Stone, has been running 3 blood drives a year. However, due to Covid-19, the Men's Club had to skip the blood drives scheduled for May and August, and in all probability the drive normally scheduled for December will also be cancelled. But that doesn't mean our donors have to stop donating blood. If you wish to donate, whether it's your 100th time or your first time, all you have to do is call 1-888-936-6283 (every day but Sunday) or go online to **oneblood.org** and schedule an appointment. You **MUST** make an appointment. You can't just show up.

Did you know that over 43,000 pints of blood are needed in the United States EVERY DAY. One pint of donated blood can save up to 3 lives. There is no substitute for human blood, and without lifesaving blood transfusions, more than 5 million Americans would die each year. The demand for blood is constant. The supply of blood is not. And in these trying times, YOUR blood is needed.

Giving blood is relatively quick. Besides helping to save the life of someone else, it also benefits you. Your blood pressure, your pulse, your temperature, your iron count, and your cholesterol are checked. You are also tested for the coronavirus antibody. As a "THANK YOU" for donating you also receive a gift. The gift varies, but you might receive a OneBlood T-shirt, a \$10 e-gift card, a blanket, or a movie pass. But remember, the gift you receive is not the main reason to donate a pint. The main reason is to help save a life.

Due to Covid-19, lots of blood drives throughout central Florida have had to be cancelled. Your blood is urgently needed. So why not call or go online now and make an appointment to schedule your blood donation. You'll be glad you did!

If you have any questions at all, don't hesitate to give Mark a call.

Mark Stone

407-788-6488

mastone827@cfl.rr.com



## Ma'Asim Tovim – Preparing & Serving Food for the Homeless

The Homeless Food Service Project, known as **Ma' Asim Tovim**, was started well over 30 years ago by former COS Congregants, Leah and Saul Zatz. They recognized that our community needed to address the problem of the many homeless people lacking hot meals and partnered with The Coalition for the Homeless. Our Community Outreach Committee agreed and our effort to solve this troubling issue was born.

Here is how the program works: Each month, on the 3rd Monday, a group of 15 COS Volunteers serves dinner that was cooked in and reheated in our kitchen. This takes place at 6:00 PM at the Downtown Coalition for the Homeless, located on Terry and Central Streets. Our volunteers serve 250 meals to their residents and people off the street who are truly homeless. Laurie Shader Smith coordinates the volunteers to help serve the meal. On the the Friday before, food is collected from Second Harvest Food Bank and delivered to the COS kitchen. In addition to this, 3-5 additional people known as Gatherers collect food that will be cooked and prepared in the COS Kitchen on the Sunday prior to serving the meal at the coalition. On Sunday morning, our cooks arrive by 9:00 AM at our kitchen to do all of the slicing, dicing and cooking of fruit & vegetable salads, potato & noodle casseroles and other dairy foods. Dolores Indek is our Cooking Volunteer Coordinator. This process lasts until approximately 12:00 noon. Lastly the cooked food is stored in the cooler until Monday afternoon, at which time Eddie or a COS Staff member warms the cooked trays and 3 volunteers pick up and transfer the food to the Coalition by 6:00 PM.

If you would like to be part of this effort and join our Volunteer Army, please contact Richard Schwartz at [Richard@Cpponline.com](mailto:Richard@Cpponline.com) or call him at 407-222-6042.



## COS Men's Club and Sisterhood Afternoon at Leu Gardens

A joint effort is being planned with the sisterhood to spend an afternoon at Leu Gardens. The event is planned for Sunday, January 24, 2021, starting at 11:00 am until the doors close at 5:00 pm. There will be a guided tour and families will be allowed to bring a picnic style dairy lunch, which will be safely stored during the tour. A designated area will be set aside for the attendees. Masks will be required to be worn at all times. The date is chosen to coincide with the celebration of Tu B'Shevat, the New Year for trees, which falls on Thursday, January 28<sup>th</sup>. The cost is \$12.00 per adult, \$4.00 per child ages 3-17, and free for children under age 3. More information about registration to follow.



## COS Men's Club and the World Wide Wrap

We are still making plans for the World Wide Wrap, scheduled for Sunday, February 7, 2021. As of now, it will be held virtually. Early in the month of February of each year, men and women in Conservative/Masorti communities around the world gather together to pray. The mitzvah of wrapping tefillin will be shared, encouraged and taught. For many years Rabbi Kay and Cantor Robuck have illustrated the history of tefillin and the proper (and often unique) ways of putting on tefillin, including the appropriate prayers, at the morning minyan. Plans are being discussed to have a program with a virtual speaker from the sports world to follow the World Wide Wrap.



## Men's Club Mentsch

### Bart Neuman – Past Men's Club President & Current At-Large Board Member



Things you may not know about me.

- I have known my wife for over 65 years and now married for 50.
- We have two children, both adopted from Columbia SA
- Undergraduate degree from 'Wharton School and MBA from the University of Chicago
- I am a pilot: instrument, twin and commercial ratings
- While in Vietnam in the 60's I took the graduate record exam (GRE) in a tent with temperatures over 100 degrees
- Made Partner in KPMG in my second year with the firm and retired at age 55
- Healthcare consultant for over 40 years. While with KPMG, I ran the consulting practice in the central states.

***You were traveling a long way to COS & the daily minyan at the JCC. What was your motivation to do this?*** I am often asked why I travel from St. Cloud to COS several times each week for Minyan and other Men's club activities. When we lived in Northbrook, Illinois, we were walking distance to the Temple. When we moved to Florida, we were looking for property with no HOA and a place to raise animals. We have white swans, black swans, white geese, Egyptian geese, ducks, four dogs, a herd of cats and goats. We also have a shooting range and three golf holes. When we made the move, we knew staying with the Jewish community would be an ongoing commute. It was a commitment and remains so.

***What do you foresee as the Men's Club's role in the synagogue and the community once things get back to the "new normal"?*** I have been with COS for over 18 years with a desire to support the Temple and the Men's Club. In the last 8 years, I felt the Men's Club needed to be more supportive of the Jewish Community. Accordingly, I took the FJMC program referred to as "Man of the Year" and got all the temples in the area involved in the program. In the second year we expanded this to include the "Youth of the Year". After several years, we moved to the "Men's Night Out". We are now in our fourth year and continue to raise substantial dollars for COS youth programs. With this running smoothly, I have now moved on to a new program. This program again is community oriented and focuses on Substance Use Disorders. This program has been delayed due to the Coronavirus, but will continue. We have 14 religious and community organizations involved in this program. Stay tuned.