

Advanced Programing for Tzedek.

This is a timeline for the Tzedek Program.

### **email #1 - Background**

Steven & Heidi Mandell initiated a program through the NY Metro FJMC - TZEDEK PROGRAM.

This is for youth, and leadership between the ages of 13-19.

They will develop projects related to the Jewish Community which can include antisemitism, Climate change, Gender, Jews of Color, Mental illness, and others of their choosing.

There will be scholarships/ plaques, letters of accommodation and more...

Nine students have already signed up from Park Ave Synagogue

As part of the program, for students who have signed up in the region, we would like to offer a program on Leadership.

This would be one hour / zoom to introduce them to " what makes a leader".

As the VP of the NY Metro FJMC, and on behalf of Aaron Altman, President of the NY Metro, we would like you to participate in this program. The total commitment is one hour on a one-time basis. - ZOOM.

The time would be between February and April, at a time of mutually convenient.

This is a great opportunity to develop leadership in the Jewish Community. It is consistent with the ADL Mission for Education.

Would there be an additional member or those in the community - anywhere in the country that you can suggest for additional participants?

## **Email#2 - Program ideas and details**

Scott Richman (ADL), for our Tzedek Fellowship, we're looking at providing teens with skills to help them move their service projects forward.

Our first session was about writing mission and vision statements and our second was about organizing and outreach.

I hope to provide sessions about grant applications and budgeting, but I'm happy to explore other skills you feel passionate about teaching.

I'd also love to connect around Words to Action.

Two of the teens in the Tzedek Fellowship have created the Teens Combatting Antisemitism Task Force.

We just had a session with Ryan Woloshin this past weekend.

## **Email #3 - Leadership**

This is how I have defined leadership in my life: just a few examples.

Creative and innovative thinking. In the 1980s's, concussion was thought to be a bump to the head.

Subsequently, I initiated the Sports Concussion Guidelines and Co- authored the 1st textbook on the subject.

Willing to take risks - after a successful career in Phila - I followed the wishes of my family and I relocated to NY- starting from scratch - NY Magazine and Full Professorship in NY

Strong communication- Speaking up to those who promote hate and endorsing the mission of the ADL.

Openness to change - after COVID started - I was told not to continue my hospital activities because of my age-

I have developed programs on a National Platform on Mental Health, Spirituality and Addiction.

Shared purpose - I have educated physicians, and students in ways to enhance the doctor - patient relationship, and at the same time value the work/ life balance.

An excellent example is Scott - since joining the ADL- he has been a leader and inspiration for all of us to contribute to his mission of the ADL and bring in new ideas. He does so in a very supportive way.

So, David, you have gone beyond your role as the Signature Synagogue leader to show people that their engagement in the ADL and other Social Values of Justice is the essence of our Jewish Heritage.

Speak to the students from your heart!!!

#### **Email # 4 - Awards and Recognition**

I spoke to Aaron Altman this morning.

We thought of a plaque for PAS. This could be for all the students for this year, or a larger plaque to add the names for future years.

Framed certificate for each student.

Then \$ for the program to be determined where the money is designated.

We can use your assistance from PAS for a company or graphic artist to design the certificate with a Hebrew theme related to TZADEK - social Justice ..... what is the estimated cost of the plaque and framed certificate?

Then we need to discuss - is their programs complete-?

Or is it ongoing?

Write up their program?

Presentation?

### **Email#5 - Torch Awards application info**

FJMC Torch Awards are awarded each year to applying FJMC clubs for programming they offer their Shul, Community as well as their club.

These awards will be both highlighted and officially recognized at this year's FJMC Convention in Philly. The key is a club must apply.

I strongly suggest the **PAS TZEDEK** program for a **TORCH award** and that PAS MC should apply before the deadline.

TZEDEK is both an innovative and a groundbreaking program to engage our youth through their passions of social justice and inclusion.

If you need help in filling out the application let me know.

Please use this link <https://fjmc.org/torch-awards-overview> to go to the right page.

### **Email #6 - Legacy**

It's a WIN WIN for everyone, including all the youths, as we try to inspire new leaders in the Jewish Community.

Heidi and I have devoted our lives in the care of many families.

There are many factors including the Social Determinants of Health that is being realized as a quality determinant for the caregiver and the recipients.

We see Social Justice and our Jewish values inseparable.

We are privileged to have PAS participate in this long-term project.

### **Email #7 - PAS Tzedek Programs and outreach**

Here are my notes from our 4/20/23 zoom meeting regarding TZEDEK. The meeting goal was to get both a status update and end of year youth recognition from PAS and NY Metro Region - FJMC.

- Currently there are 9 youth members enrolled into the PAS Tzedek program.
- These PAS youths are engaged in several diverse topics:
  - Combating Parkinson's

- Reach out to multi-generations how to better understand the differences - creation of podcasts.
- Mental Health podcasts
- Connecting athletes with patients with the goal of fund-raising by selling athletes clothing
- Women funding Women's activities with specific focus on African women
- Food Pantry - ongoing at PAS for several years
- Dress equity - collection of used clothing with the emphasis to fund-raise.
- Creation of an Antisemitism task force
- Discussion in publicizing the PAS TZEDEK using several of the region's communication opportunities.
  - Dedicate a portion of the MOY/YOY video to the PAS youth highlighting their programs.
  - Interviewing some of the PAS youth on what TZEDEK meant and taught them.
  - Perhaps highlighting some of the PAS Tzedek mentors in video
  - Article in the regional newsletter - GESHER
  - Use of youth member photos (with parental permission) on NYM website and newsletter to publicize PAS Tzedek
- Discussion of what PAS/youths receive for participation in Tzedek.
  - Parchment certificate
  - PAS receives plaque to be inscribed with participants names.
  - \$250 scholarship - best use of money TBD later
- Next steps
  - Firm up discussed program outline.
  - Set dates for youth/mentor interview.
  - Work with PAS MC
  - Photos of youth - with permission
  - Get all youth names for certificates.
  - Order plaque
  - Write an article on PAS experience.

### **Email #8 - Notes, ideas, and next steps**

Here are a series of notes and suggestions to be eligible for the award.

1. Ask the students to prepare a short video describing their program.
2. Poster display to be shown at the convention, including a one page summary describing the program. We may already have this text as contained in the flyer.

3. These are some items to be highlighted in the application process.

List: multiple generational participation

Social justice.  
Physical and mental health.  
Antisemitism  
Diversity, equity, and inclusion

We have included a leadership training forum.

Please include topics and speakers.

Our program includes active participants of synagogue members and those in the community.

Awards for students, multi-year plaques for synagogue, letters of recommendation,  
and certificates of participation.

The Men's Club, Clergy and educational department have a multiyear commitment to the program.

This program includes youth ages 14 - 18 or 19. Each student has his/her own mentor from the clergy or men's club or educational leader.

This is a fundraising opportunity to sponsor student programs.

Each student will write up their mission and goals, the process, results and what they learned from their project, emphasizing tikkun olam.

The article that you are writing for PAS can highlight the value of this program for the entire community and promote Jewish leadership.

This program can be replicated by other clubs throughout the country.

Yesterday at synagogue, I spoke to Rabbi Zauzmer who is

looking forward to speaking with the students and will be happy to assist you in the Torch application.

I have sent an email to Steven Darling as Club President.

His email is enclosed.